

## **Race Report: Cerist Junior Aquathlon, Sunday 28<sup>th</sup> April, 2019**

Freedom Leisure Bro Ddyfi Leisure Centre, Machynlleth

Organisers: Cerist Triathlon Club

Report by: Gary Thapa

After Storm Hannah had made course setup on Saturday very challenging for the race organisers – with strong winds, torrential rain and even hailstones battering the team at various points – race day was mercifully dry and fairly mild and bright, with just a light breeze!

138 took part, from ages 5 to 16, and this popular race was also the opener for the 2019 Welsh Triathlon TriStar Series, with competitors from across Wales and even a few from England making the journey.

This format sees a pool swim followed by a run around the football and rugby fields, with the finish area in front of the historic Plas mansion. There was some excellent racing and closely fought battles across all the age groups. There were many seasoned TriStars present but also several novices taking part in their first ever multi-sport event, and thankfully there were smiles all round from the tired but proud competitors on the finish line.

Cerist Triathlon club would like to thank all the volunteers who helped on the day, along with the leisure centre and café staff. Without the support of local businesses the race would not be possible, special thanks to Plant-i, Maenllwyd Guest House, Hennighan's Top Shop Chippy, Subway Aberystwyth, Huw Lewis Tires and Co-op Machynlleth.

**Results** (top 3 girls then boys – full results available at [Nifty Events](#) website)

### **Cerist Kidz (age 5-7)**

1<sup>st</sup> **Isla Warrender** (Cerist Juniors) 5:02; 2<sup>nd</sup> **Phoebe Heath** (Celtic Tri) 5:44; 3<sup>rd</sup> **Freya Lerigo**, 6:19

1<sup>st</sup> **Isaac McAdie**, 4:59; 2<sup>nd</sup> **Jak Savage**, 6:18

### **TriStar Start (8)**

1<sup>st</sup> **Annie Evans** (Celtic Tri) 4:40; 2<sup>nd</sup> **Alaina Jones** (Ruthin Tristars) 4:41; 3<sup>rd</sup> **Seren Morgan**, 4:50

1<sup>st</sup> **Jude White**, 3:59; 2<sup>nd</sup> **Leo Clegg** (Tristars Conwy) 4:01; 3<sup>rd</sup> **Oliver Hale**, 4:06

### **TriStar 1 (9-10)**

1<sup>st</sup> **Libby Hale**, 9:43; 2<sup>nd</sup> **Amelia Beddows** (Celtic Tri) 12:13; **Milly Harris** (Celtic Tri) 12:42

1<sup>st</sup> **Josh Cleave** (Celtic Tri) 9:56; **Eliot Clegg** (Tristars Conwy) 10:02; **Noah White**, 10:09

### **TriStar 2 (11-12)**

1<sup>st</sup> **Josephine Hurst** (Ruthin Tristars) 13:54; 2<sup>nd</sup> **Bethany Clifford** (Celtic Tri) 15:14; 3<sup>rd</sup> **Ana Joyce**, 15:15

1<sup>st</sup> **Zachary Beddows** (Celtic Tri) 13:38; **Lewis Morgan** (Triathlon Coaching Wales) 13:48, **Rhys Caygill**, 14:07

### **TriStar 3 (13-14)**

1<sup>st</sup> Abigail Davies (Triathlon Coaching Wales) 16:30; Eve Hickman (Triathlon Coaching Wales) 17:24, Eleanor White (Pembrokeshire Tri Club) 18:42

1<sup>st</sup> **Finlay Catling** (Triathlon Coaching Wales) 16:26; **Oliver Jones** (Ruthin Tristars) 16:27; **Deri McCluskey** (OO Tri) 16:33

#### **Youth (15-16)**

1<sup>st</sup> **Alyssa Baker**, 21:00; 2<sup>nd</sup> **Bethan Jones** (OO Tri) 21:22; **Megan Thomson** (Pembrokeshire Tri Club) 21:35

1<sup>st</sup> **Morgan Watts** (Piranha Tri) 18:26; 2<sup>nd</sup> **Deiniol Owen**, 21:21; **Owen Nash** (Piranha Tri) 23:46